

# Levengrove Park Walk and Talk Thursday 29 August 2019 2pm until 4.00pm

Come along and join our Herb Walk with Joanne Dick (BSc Hons MNIMH) from Green Tree Remedies. Learn about the medicinal and edible plants in the park.

We will chat about some common local plants in the park and will stop and look more closely at where they grow, talk about how they have been used medicinally in the past and how you can safely use them now as food or medicine.

**Free Activity, Limited Spaces**  
To book your space contact the park's Community Engagement Ranger on telephone number: 01389 772090  
Or email [sandra.anton@west-dunbarton.gov.uk](mailto:sandra.anton@west-dunbarton.gov.uk)



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**The National Lottery**  
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